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LESSONS RIMES HAS
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microphone, much like the kind she would use in a live setting, allowed her mobility in the studio. Rimes recorded "Borrowed" on her knees and "What Have I Done" while lying flat on her back. That freedom of being able to move her hands and body appealed strongly to her. "It's a very expressive thing I haven't been able to do before," she said.

Important as her messages are throughout *Spitfire*, Rimes now understands that the most important conversations are the internal ones. "Looking at this album, you see someone who's talking to herself, almost, who's being honest with herself for the first time and not worrying about everyone else," she said. "From there, God knows where I go. But if I can start here, I'll be so proud of myself."

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LEANN RIMES PRESENTING AT THE 2010 CMA AWARDS.

photos: (l) Sara Hendel, (r) John Russell